

COULD IT BE BPH?

Recognizable signs:

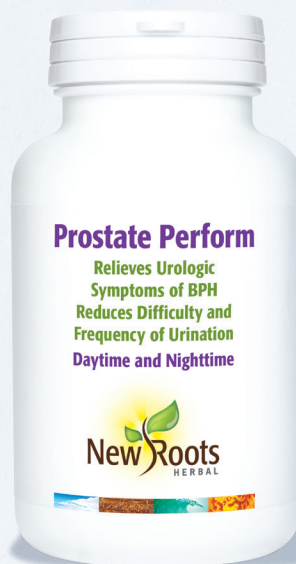
- Urinating every 2 hours or less?
- Having difficulty delaying urination?
- Frequently stopping and starting during urination?
- Straining to begin urination?
- Having a weak stream or mere dribble, despite your urgency?
- Feeling like your bladder isn't entirely empty after urination?
- Getting up to urinate at night?

If any of these apply, it could be BPH. Please consult a health-care practitioner for diagnosis.



**PROSTATE PERFORM CAN HELP GET YOU
BACK TO ENJOYING YOUR FAVOURITE
ACTIVITIES... WITHOUT INTERRUPTIONS!**

**GET PROSTATE PERFORM
FOR HIM!
...AND GET BACK TO
ALL THE ACTIVITIES
YOU BOTH ENJOY—
WITHOUT INTERRUPTIONS!**



To ensure this product is right for you, always read and follow the label.

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FEWER PEEES MORE ZZZs.



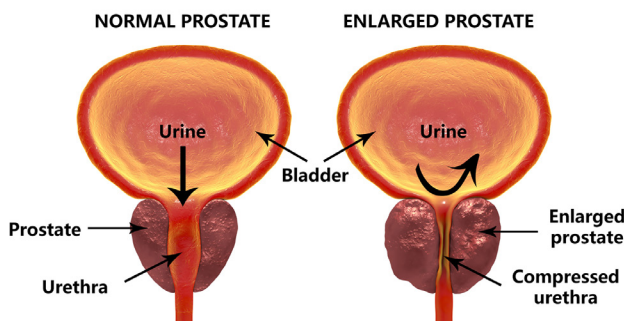
**HIS PROSTATE HEALTH
SHOULDN'T WAKE
YOU UP AT NIGHT.**

New Roots
HERBAL

THE SMALL GLAND WITH LARGE HEALTH IMPLICATIONS!

The prostate is a walnut-sized gland which surrounds the urethra and is essential for male reproduction. As men age, an enzyme produced throughout the body affects the size of the prostate. This enzyme, called 5-*alpha*-reductase, converts testosterone to dihydrotestosterone (DHT). Excessive levels of DHT can lead to benign prostatic hyperplasia (BPH), a non-cancer-related abnormal cell growth of the prostate gland. Gradual growth of the prostate for a man can advance from the size of a walnut in his 20s, to an apricot in his 40s, and as large as a lemon in his 60s onward.

BENIGN PROSTATIC HYPERPLASIA



So, how does BPH affect a man's plumbing? As the prostate gland grows, it applies pressure on both the urethra and the bladder, creating the need to go, but also interfering with the ability to go!

According to the Canadian Urological Association, more than half of men in their 60s, and up to 90% of men in their 70s and 80s, experience symptoms associated with BPH. This represents more than 3 million Canadian men.

COULD YOUR MAN BE AMONG THEM?

SUSPECT HAVING BPH?

It all starts with recognizing the signs and realizing there is help available.



So, What Can You Do?

- In the medical community, prescription drugs are a popular approach, although they may have undesirable side effects.
- Surgical procedures exist for extreme cases.
- "Watchful Waiting" is the most common approach for BPH; close surveillance, yearly exams, and lifestyle adjustments.

Why Wait?

Clinical studies demonstrate a number of vitamins, minerals, and nutraceuticals are effective in reducing various symptoms of benign prostatic hyperplasia. Prostate Perform combines these ingredients in a synergistic formula, providing full-spectrum results.

To achieve a therapeutic effect, studies use pure botanical extracts with validated potency and biologically active forms of vitamins and minerals. Prostate Perform only uses ingredients that have been fully tested and validated in an in-house ISO 17025-accredited laboratory.

Prostate Perform delivers 16 therapeutically proven ingredients in a formula with proven results.

It's no wonder that patients using Prostate Perform reported alleviation of symptoms in as little as 7 to 10 days!

WHAT ARE YOU WAITING FOR?

INNOVATIVE FORMULA WITH PROVEN INGREDIENTS

Wild-Crafted Saw Palmetto Fruit Liposterolic Extract, 95% Fatty Acids

This potent standardized extract has been proven to alleviate difficulty initiating urine flow, improving output, and reducing frequency during day and nighttime.

*For therapeutic effectiveness, it must be potency-validated to a minimum 95% fatty-acid content.

Rye Flower Pollen Extract

Clinical trials including potency-validated rye flower extract have shown inflammation-reducing effects beneficial for lessening nighttime urination (nocturia) and daytime urination frequency.

Free Plant Sterols (from Non-GMO Soy)

These plant-sourced compounds have been shown to help reduce inflammation of the prostate gland to increase urinary flow and reduce residual urinary volume.

Stinging Nettle Root and Herb Top Extract, 5% Silicic Acid

It has been shown to reduce inflammation and modulate testosterone, improving urinary output, and decreasing retention.

Prostate Perform also includes:

- Lycopene (from tomato flesh)
- Zinc (from zinc citrate)
- Vitamin B6 (pyridoxine hydrochloride)
- Selenium (from L-selenomethionine)
- L-Alanine
- L-Glutamic acid hydrochloride
- L-Glycine

All of these have been shown to either help reduce symptoms of benign prostatic hyperplasia or benefit overall prostate health.